

Up to 68% Off: Three or Six Far-Infrared Sauna Sessions w/ Body Composition Scan at pHountain Health

at pHountain Health and Wellness Energy Club - Commack



\$59.00 - Three Far-Infrared Sauna Sessions with Body Fat and Composition Scan - pHountain Health (reg. \$125) \$99.00 - Six Far-Infrared Sauna Sessions with Body Fat and Composition Scan - pHountain Health (reg. \$250) Free initial Proactive Health and Lifestyle evaluation How it works: Infrared heat permeates to the body's core faster than the warm air of a regular sauna, elevating the heart rate to help boost the metabolism. Benefits: On top of the traditional benefits of a sauna session—relaxed muscles and a cleansing, steam-induced sweat—infrared saunas can also play a role in weight-loss regimens. Choose from nine available locations:

Terms and Conditions

Appointment required. Valid only at listed locations. Requires comprehensive body fat analysis review and free initial Proactive Health and Lifestyle evaluation. Merchant's standard cancellation policy applies (any fees not to exceed voucher price). Limit 1 per person. Limit 1 per visit. May not be combined with other offers. New Clients Only.

Exp: December 31, 2025