\$39 One Whole-Body Cryotherapy Session (reg. \$50)

at Advanced Cryo NYC



Average length of session: * Cryo facial - 8 minutes * Whole-Body Cryotherapy - 3 minutes Inside a cryotherapy tank, liquid nitrogen is used to create temperatures that reach as low as -250ºF. The extreme cold helps to produce therapeutic benefits such as reduced inflammation, pain relief, and increased mobility.

Terms and Conditions

Limit 1 Per Person. New Clients Only. May not be combined with any other offers.

Exp: December 31, 2025